



**USING EMDR WITH CHILDREN  
CHILD TRAINING FOR EMDR THERAPISTS**

**Del II af II**

**ved Joanne Morris-Smith. England**

Kurset afholdes: **onsdag d. 1 & torsdag d.2 december 2021 i København**

**Sted:** Hotel Kong Arthur, Nørre Søgade 11,1370 København K. Tlf. 33111212

Tid: Dag 1: **09.15-17.00** med ind-check første dag kl. 08.45. Dag 2: Tid: **kl. 08.30-16.00**. Ind-check kl. 08.00

Pris: **4850 kr.** for medlemmer og **5475 kr.** for ikke medlemmer af foreningen. Prisen er inkl. undervisningsmateriale, kaffe, frugt, frokost og vand begge dage.

**Kursusbetingelser:**

At du har deltaget i kurset del I om behandling af børn og unge med EMDR med en EMDR Europe godkendt børnetræner. Du skal derfor oplyse ved tilmelding hvor, hvornår og hos hvem du har modtaget del I træningen i behandling af børn og unge med EMDR.

**Tilmelding:** [info@emdr.dk](mailto:info@emdr.dk). Vent dog med indbetaling til du har modtaget en faktura.

### **Du er tilmeldt kurset:**

- a) Når du har tilmeldt dig og indbetalt fuldt kursushonorar. Danske Bank Reg.nr:1551 kontonr.:7501501 samt oplyst hvilket kursus om behandling af børn og unge med EMDR, du tidligere har deltaget i. Hvor, hvornår og med hvilken underviser.
  
- b) Er du offentlig ansat, bedes du sammen med din tilmelding desuden medsende: EAN nr. Kontaktperson og godkendelse af kursusdeltagelse samt oplyse, hvilket kursus om behandling af børn og unge med EMDR, du tidligere har deltaget i. Hvor, hvornår og med hvilken underviser og maile det til: [info@emdr.dk](mailto:info@emdr.dk)

**Afbud: Senest d. 30 oktober 2021.** Efter denne dato tilbagebetales fuldt kursushonorar ikke. Før denne dato tilbagebetales fuldt kursushonorar minus administrationsudgifter på kr. 450.

### **Om Joanne Morris-Smith:**

Joanne Morris-Smith, Consultant Chartered Psychologist has been working in Clinical Child Psychology for the last 33 years and has worked in a number of large teaching hospitals. She is an EMDR Europe Accredited Child Trainer and also as an EMDR Institute Facilitator. She founded and chairs the EMDR Europe Child Section Committee and has been incorporating EMDR into her clinical practise for the last 17 years. A former Deputy director of the Traumatic Stress Clinic, Joanne founded and runs a similar Child Trauma Clinic for Surrey & Borders NHS FT), which has been running since 1995. She also works in private practise specialising in work as an Expert Witness with traumatised children who have been exposed to physical/emotional abuse, domestic violence and murder. She has presented a number of papers on the subject at international conferences and is the Editor of an Occasional Paper of Association of Child Psychology and Psychiatry entitled EMDR: Clinical Applications with Children. No.19. January 2002. She is also co-author of EMDR for the Next Generation: Healing Children & Families from [www.academic-bookshop.com](http://www.academic-bookshop.com)

### **Indhold på kurset:**

This EMDR Europe Accredited level II Child & Adolescent Training aims to extend and deepen the knowledge of how to use EMDR with children and adolescents with complex traumatisation and developmental trauma disorders. It is open to therapists who have completed an EMDR Europe Accredited Level I Child & Adolescent training as well as having completed EMDR Level II general training or Part 3 & 4 EMDR general training.

The training will briefly review the changing needs of children at different developmental stages, from 2 - 16 years of age, and how the basic EMDR protocol may be adapted to address these needs. Children suffering multiple complex traumatisation have a much greater need for the integration of trauma work with other aspects

and treatment of the child's world. Issues affecting affect regulation, the family system, social relationships, educational functioning and attachment will be discussed in relation to children and adolescents with complex needs. For children with complex traumatisation there is a fundamental need to establish stabilisation and containment and the timing of EMDR processing in the overall treatment plan will be explored. Developing an insight into the window of tolerance for such fragile clients is discussed. The neurobiological aspects of affect regulation and increasing affect tolerance during treatment will all be explored together with developing attunement and fractionating targets. Resource development techniques and resilience will also be explored, together with how and when to use cognitive, educational and other interweaves with these children. How to work with dissociative children and adolescents using EMDR will also be examined. By means of video demonstration and case examples, participants will learn how to apply EMDR with children and adolescents with complex and multiple traumatisation as a result of severe and complex traumatic events including multiple different traumas, domestic violence, physical and sexual abuse, attachment disorders and dissociative disorders. Participants are encouraged to bring with them any relevant case material they might wish to discuss, since ample time will be allowed for both troubleshooting and for case consultation of existing or potential clients.

**Hotellovernatning:** Foreningen har en prisaf tale med Hotel Kong Arthur, (kontakt [info@emdr.dk](mailto:info@emdr.dk)) men det billigste er gennem hjemmesiden AGODA

P. Dagsbilletter kan købes i hotellets reception ved ankomst

**Kursusarrangør:**

Birgit Schulz, Foreningen EMDR Danmark. Mail: [formand@emdr.dk](mailto:formand@emdr.dk)

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