



New Book

EMDR for the Next Generation: Healing Children and Families

By

Joanne Morris-Smith and Michel Silvestre

This book is about developing an integrative model of doing EMDR psychotherapy in a multi-faceted way in order to get close to children's reality and to help them and their families heal. It explains how emphasis has to be placed on several fundamental elements including attachment issues, family dynamics, developmental psychology, neurobiology and psycho-traumatology meet and are enlightening. The authors point out the necessity of trusting the process; believing in resources outside of them; developing attuned relationships with the children and their families; looking at life through the glass half full.

Bob Tinker has endorsed the book and said that "*...I am ... impressed with the way these two clinicians interweave knowledge of research, developmental psychology, family therapy, neuroscience, and clinical cases into a tapestry of understanding that illuminates the field of EMDR therapy...*"

This book is published AC&PI and will be available from December 1, 2013 at £29.00 from www.academic-bookshop.com Advance purchases may be made at £25.00.



Joanne Morris-Smith is a psychologist working in an NHS CAMH service and also in private practise in the UK. She specialises in post-traumatic stress and complex traumatisation. She is an EMDR Europe Accredited Child & Adolescent Trainer and chairs the EMDR Europe Child & Adolescent Committee.



Michel Silvestre is a psychologist working in private practice specialised in family therapy and EMDR in France. He teaches at the University of Psychology of Aix-en-Provence and he is the former president of the EMDR French Association. He is an EMDR Europe Accredited Child & Adolescent Trainer.