



EMDR anvendt ved behandling af Torturofre – og andre tilsvarende hændelser

Kursus nr. 2011-1

Denne workshop henvender sig til EMDR terapeuter, der arbejder med såvel fysisk som psykisk svært traumatiserede klienter.

Engelsk abstract:

This workshop will seek to address some of the challenges of using EMDR with highly traumatized clients who have been the victims of physical and/or psychological torture.

The presentation will review characteristics of torture and how the helplessness experienced by victims physically and psychologically can be a framework for the therapist to case conceptualize and encourage adaptive learning with interweaves to assist the processing following adaptive linkage being made with dysfunctional memory storage.

EMDR has been found to be very effective where trauma survivors present with somatization and frozen states but desensitization and reprocessing can only be embarked upon after adequate stabilization in the preparation phase.

Methods of stabilization (including somatic stabilization) will be covered and thereafter the basic EMDR protocol implemented with these clients focusing on damage to the self and the spirit.

The challenges of using EMDR cross-culturally will be addressed.

Learning objectives involve identifying a clear definition of torture, working effectively within the 8 phases of EMDR treatment to assist these highly traumatized clients to process their trauma and assisting clients to process somatic memories as well as traumatic material. Experiential exercises will be included in the workshop, time permitting.

Tid: torsdag den 24. februar 2011 kl. 13.00 – 19.00 og fredag den 25. februar 2011 kl. 9.00 – 17.00. Der vil være kaffe/the og brød på 1. dags eftermiddag samt kaffe/the og morgenbrød, frokost og eftermiddagskaffe på 2. dagen.

Sted: Hotel Imperial, Vester Farimagsgade 9, 1606 København V

Underviser: Sandi Richman, London

Alexandra (Sandi) Richman is a Clinical Psychologist specialising in the treatment of victims of acute trauma and personal injury, adult survivors of childhood abuse and dissociative disorders.

In addition to conducting a private practice Alexandra is a Consultant Clinical Psychologist with the Traumatic Stress Service at the Maudsley Hospital in South London where she heads up an EMDR Service within the TSS. She is a Past-President of the EMDR UK & Ireland Association, an Approved Consultant and Trainer in EMDR with EMDR Europe Association (EMDR-E) as well as with EMDR International Association (EMDRIA) and her EMDR trainings are accredited by both these organisations. Alexandra has presented at both international and



United Kingdom-based conferences on the application of EMDR with people with various presenting problems including working with the survivors of torture, affect regulation with EMDR and EMDR with complex trauma.

Pris: kr. 2.700,- for medlemmer og kr. 3.200,- for ikke medlemmer.

På kursus optages kun deltagere, som minimum har gennemført Grundkursus 1

Tilmelding:

Tilmelding sker ved indsendelse af udfyldt tilmeldingsblanket som du finder på www.emdr.dk. under uddannelse og kurser. **Tilmeldingsfrist 24. januar 2011.**

Når vi har modtaget din tilmelding, fremsendes faktura på kursusafgiften.

Afmelding:

Ved afmelding refunderes kursusafgiften fratrukket administrationsgebyr på kr. 600,00

Ved afmelding 24. januar 2011 eller senere refunderes kursusafgiften ikke.

Kursusarrangør: Foreningen EMDR Danmark

Kursusleder: psykolog Lene Jacobsen, som træffes på telefon 20 68 15 74.