

EMDR til behandling af OCD

Ved Karsten Böhm

Kurset afholdes: d. **7.6.2017**

Tid: **9.30-17**. Indtjekning kl. 9.00. Frokost 1 time.

Sted: Radisson Blu Scandinavia Hotel Margrethepladsen , Aarhus C. Tæt ved stationen.
Der er gratis parkering – p-billet fås i receptionen.

Pris for medlemmer af foreningen EMDR Danmark: 2250,-

Pris for ikke-medlemmer af foreningen EMDR Danmark: 2750,-

Priserne er inkl. undervisningsmateriale, morgenbrød, te/kaffe, lækker frokost og vand, kaffe/te med sødt og frisk frugt. OBS begrænset deltagerantal!

Tilmelding:

Du tilmelder dig til sekretariatet på info@emdr.dk Du vil herefter modtage en bekræftelse samt faktura. Tilmeldingen betragtes som endelig, når vi har registreret din betaling. Betaling til Danske Bank Reg.nr:1551 kontonr.:7501501

Er du offentlig ansat, bedes du sammen med din tilmelding desuden medsende din arbejdsplads EAN nr., navn på kontaktperson samt godkendelsen af din kursusdeltagelse.

Afbud: Senest d. 6.5.2017. Efter denne dato tilbagebetales fuldt kursushonorar ikke. Før denne dato tilbagebetales fuldt kursushonorar minus administrationsudgifter på kr. 400.

Om Karsten Böhm

Dr. phil. Karsten Böhm, Dipl. Psych., is a Consultant in EMDR and CBT, EMDR-Facilitator and specialist in OCD, Anxiety Disorders and PTSD psychotherapy. He is member of the German EMDRIA board and also of the German National Guideline Commission on the treatment of OCD. Next to it, he is a lecturer for psychotherapy at the EMDR-Institute Germany, institutes for Cognitive Behavior Therapy (Stuttgart, Bale in Switzerland), medical councils and on different congresses (DGPPN Congress Berlin etc.). He has published a number of articles, chapters and working materials on the use of EMDR in OCD patients. From 2003-2009, he worked as a clinical and ward psychologist at the University Hospital of Freiburg. Currently, he is working as a leading psychologist in Klinik Friedenweiler of Friedenweiler in the Black Forrest, Germany.

Indhold på kurset:

Various studies have demonstrated that 15–40% of patients with obsessive-compulsive disorders (OCD) do not respond to it; they cannot be motivated to undergo treatment, drop out, or experience persisting difficulties in regulating their emotions. In this practical

workshop, EMDR is presented as an treatment of OCD. OCD-patients experienced EMDR as a useful and motivating method. Furthermore, they felt encouraged to deal with their emotions in additional psychological treatments. Confrontation therapy markedly reduced OCD symptoms.

Dagen vil bestå af både teori, demonstrationer og praksisnære øvelser

Kursusarrangør:

Louise Skriver Jønsson, Foreningen EMDR Danmark